# SOAPNUTS NZ

- 100% natural detergent
- environment friendly
  - biodegradable
  - compostable
- sustainable harvest
- affordable & effective



soap grown by nature

# WHAT ARE SOAPNUTS?

Soap Nuts are a natural, environment friendly, biodegradable, compostable alternative to regular detergent

When the berries are dry they fall to the ground, then they are gathered by hand, dried by the sun, and then deseeded.

SoapNuts contain saponin that releases mild soap suds when wet.

SoapNuts can easily replace your regular detergent

# WHY USE SOAPNUTS?

## 100% SoapNut berry

No added chemicals, fragrances, dyes or fillers

## Planet friendy

Breaks down grey water in septic tanks, biodegradable, compostable, sustainably harvested and shipped to New Zealand

# Saves water and energy

No rinse cycle required when you laundry with Soap-Nuts, saving litres of water and energy with every wash

### **Cost effective**

It costs from as little as 12 cents to wash a load of laundry

\*based on 1kg of SoapNuts = 365 washes for \$44.90

# All purpose cleaner

Use as a laundry & dishwasher detergent, general household cleaner, shampoo, jewellery cleaner, window & glass cleaner, carwash, plant wash, pest repellent, food detoxifier & liquid soap

# Non-allergenic

With no added perfume or chemicals SoapNuts are kind to your skin and suitable for allergy & eczema suffers

# **P**RODUCTS

## SoapNut shells

50g up to \*20 loads of laundry +1 free washbag 250g up to \*90 loads of laundry +1 free washbag 500g up to \*180 loads of laundry +1 free washbag 1kg up to \*365 loads of laundry +1 free washbag

## SoapNut Powder

250g up to \*50 loads of laundry +1 free washbag 500g up to \*100 loads of laundry +1 free washbag 1kg up to \*200 loads of laundry +1 free washbag

**SoapNut Liquid - Multipurpose cleaner** 500ml up to 20 loads of laundry

Oxygen Bleach - 100% Sodium Percarbonate 500g Oxygen bleach

1kg Oxygen bleach

## Availabe accessories

3 pack cotton washbags

100% Essential Oils (Lavender, Lemon, Lemongrass, Sweet Orange, Tea Tree, Ylang Ylang) and Frangipani Fragrance

VISIT WWW.SOAPNUTS.CO.NZ FOR USEFUL RECIPES & INFORMATION

# SoapNuts NZ

info@soapnuts.co.nz www.soapnuts.co.nz 07 929 7117

# USING SOAPNUT SHELLS

# Washing machine use

Using SoapNuts ensures your laundry is fresh with incredible softness without the need for fabric softener.

Add \*6-8 SoapNuts to the washbag provided & place inside the washing machine with your clothes. SoapNuts produce low suds & are suitable for use in both front & top loading machines.

\*for a 5kg washine machine use 6 - adjust if you have a bigger/smaller machine

Recommended water temperature up to 90°C (also suitable for cold water). No rinse cycle is needed.

If you enjoy scented laundry add 5-10 drops of any essential oil to the washbag.

The shells are compostable. Please throw them on your compost heap after using.

#### Dishwasher use

Place 5-6 SoapNuts into the washbag and secure to the cutlery holder. You may add vinegar to the rinse aid dispenser for sparkling clean glasses.

# Making your own liquid

Simmer a handful of SoapNuts on the stove in 4 cups of water for 10 minutes. Cool & strain liquid into a bottle. Add Guar or Xanthum Gum as a thickener, Potassium Sorbate as a preservative and a few drops of essential oil if required.



# USING SOAPNUT POWDER

#### Washine machine use

Place 2-3 teaspoons of powder into a washbag and wash it with your clothes.

The powder is compostable. Please throw it on your compost heap after using.

#### Dishwasher use

Add 1-2 teaspoons of powder into a washbag and secure to cutlery holder. Add vinvegar to the rinse aid dispenser for sparkling clean glasses.

## **Bathing**

Add 1-2 teaspoons of powder to a bath.

## **Bodyscrub**

Mix powder into a thin paste - suitable for all skin types.

## **Detoxify food**

Add 1 teaspoon of powder to 1 litre of water and soak fruit and veges for 10 minutes to remove potentially harmful residues and chemicals. Rinse.

## Jewellery cleaner

Add a few drops of water to 1 teaspoon of powder to make a paste. Rub paste onot jewellery, rinse and polish with a cloth.

## Hair shampoo

1 teaspoon of powder for short hair 2 teaspoons of powder for long hair

Add water to powder to make a runny paste. Massage paste into the scalp & hair and rinse thoroughly. Soap-Nuts don't lather. if hair feels slightly stiff use less powder in the next wash. Helps dandruff, protect against lice, and makes hair shiny and healthy. No need to condition hair.

# USING SOAPNUT LIQUID

## All purpose cleaner

Keep the SoapNut liquid in a spray bottle and use to clean the bathroom, kitchen and floors. For fragrance add 5 drops of essential oil (optional).

## Jewellery cleaner

Soak your jewellery in the liquid for a few minutes. use an old soft toothbrush to gently remove debris. Rinse with clean water and polish with a dry cloth.

# Window & glass cleaner

Fill a spray bottle with 250ml water, 15ml vinegar and 15ml SoapNut liquid. Spray and wipe windows and mirrors clean. Polish with newspaper.

#### Dishwasher use

Add 2-3 caps of liquid into the detergent compartment and wash as normal. Add vinegar as a rinse agent.

## Washing machine use

Add 2-3 caps of liquid into the detergent compartment ans wash as normal.

## Handwashing silks & delicates

Add 15ml of liquid to warm water. Gently wash your delicate clothes. rinse with warm water and hang or lay flat to dry.

# Liquid hand soap and shampoo

Fill a squirt or pump bottle with the liquid and wash hands and hair. For fragrance add 5 drops of any essential oil (optional).

## Pet shampoo

Add the liquid to a pump bottle to wash your pet's fur. It will leave the fur soft, clean and helps repel petsts.

# Plant wash & pest repellent

Add 250ml water, 15ml liquid and 15ml of Neem oil (optional) to a clean spray bottle. Shake well before spraying.